

CHILDREN'S GUIDE TO THE 40-DAY FAST AND PRAYER 22 July - 30 August 2005







## Foreword

elcome to the nationwide 40-day Fast & Prayer & Charity for Malaysia. It is exciting to know that you are joining thousands of other Christian children to pray for our country and other needs of the world.

In Luke 18:1: One day Jesus told his disciples a story to illustrate their need for constant prayer and to show them that they must never give up.

Likewise, we must continue to pray for our country, especially for children who have not heard the gospel. This year, our theme is "Turn To Our Father in Heaven". We pray that every child will be given the opportunity to turn to our Heavenly Father.

Our heart's desire is to hear Him say, as the father said to his prodigal son, "Quick! Bring the best robe and put it on him. Get a ring for his finger and sandals for his feet. And kill the calf we have been fattening in the pen. We must celebrate with a feast, for this son of mine was dead and has now returned to life. He was lost, but now he is

found." So the party began!

Begin this prayer adventure by praying these words:

Dear Heavenly Father,

Thank You for loving me so much that even when I do wrong and do not honour You, Your love never runs out and You are willing to forgive me. You have also promised never to leave nor forsake me.

Please help me to be diligent to pray and share Your everlasting love to my friends and others who have yet to hear about your great love. In Jesus' name. Amen.



# Fasting minus Prayer = Hunger Strike

So what is fasting? It is not starving yourself, in case you're planning to slim down. It is not to show off that you can *tahan* for so long, so your friends will say "Wah".

Fasting is going without something important in your life for a period of time for a specific purpose. It does not even have to be food. It might be television, entertainment, computer, a hobby, a particular thing, or even a person.

Moses fasted while God gave Him the Ten
Commandments on Mount Sinai. In Nehemiah 9, The
Jews fasted when they confessed their sins and
repented. In the book of Esther, the Jews fasted while
they prayed to God to save them. Jesus fasted 40

days before He began His ministry.

When you fast, you are showing God that you are really serious. You are humbling yourself before a holy God. You are putting away your

own "wants and needs" and getting into what God wants and what God sees. You become more earnest for God and His

Word. You are able to see things more clearly and pray more sharply.

But fasting will only work when done with the correct motive and attitude.

God must be glorified, not ourselves. If fasting makes us irritated and angry, we'd better get right with God. Read Isaiah 58:1-5 and Matthew 6:16-18 for a bad example of fasting. Read Ezra 8:21-23 and Isaiah 58:6-11 for a good example of fasting. Remember, God will only honour fasting that honours Him.



Praying and fasting go hand in hand. They are best friends. Fasting adds power to prayer. Prayer adds meaning to the fast.

You can fast in many different ways. Pray and ask God for the right fast or fasts you should do.

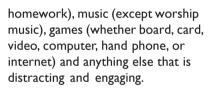
### **FOOD**

- Total Fast Not recommended for young children. This means you don't eat solid food for at least 24 hours or more.
- I-meal fast skip one meal every day, like lunch or dinner (but you can't eat snacks to make up for it). You shouldn't skip breakfast if you are already skipping it.
- Partial Fast Don't eat solid food for a part of the day, like from sunrise to sunset. Only drink water
- Daniel Fast Avoid meat and delicacies (like desserts and snacks).
   Only eat fresh veggies, fruits, rice or noodles. Drink fruit juices.

### ENTERTAINMENT FAST

Some of us can go without food as long we have television or internet access or games. Seems like we are more dependent on entertainment than food! If God speaks to you to fast all entertainment, by all means do it.

 Total entertainment fast – Go without TV, movies, computer (except for



- Specific fast Of course you can start small, maybe just don't watch TV at all for a few days. When you have overcome your "hunger pangs", you can begin fasting other things as well
- Hobby fast Avoid something you really like to do (it may be sports, reading, drawing, dancing, playing an instrument or just chatting). If it is not possible to fast completely, at least spend less time on your hobby.
- Word Fast Be more careful about every single word you say. Cut out bad and hurtful words. Let encouragement and helpfulness come out of your mouth. Of course what you say is related to what you think, so you must also guard what goes through your mind.



### HOW TO ENJOY THE 40 DAYS

Set aside plenty of time to seek God in prayer. This is the special time of the day that belongs to just you and God. Also, praying will help to ease those hunger pangs. 'During your time with God you should pray and read your Bible (**Word**) and **Worship**, and try to live out what you read, pray and sing (**Works**).

Plug in a worship tape or CD and sing along (uninterrupted, of course). Really think about the words, and make a decision to live what you sing.

Pray aloud as often as you can. When you can't pray aloud (like when in class), try to keep an attitude of what you think Jesus would do in your situation. Keep praying to be like Him!

Read the scripture/s for each day. Also ask God for anything else in His Word that He would like to share with you for the day. Be sure to write anything He tells you in the "puffy box" called Insight.

Try your best to carry out the suggestions in the **ACT** box. Jesus said we shouldn't just hear His Word but we should also **DO** it. Some are good works, which will show God's love to others.

Some are prophetic acts, which have spiritual meaning and help you pray.

### GET OTHERS TO JOIN YOU

 Family Fast – Encourage your family to take the challenge together, even though each one might do a different type of fast. Get your parents to set a time each day for your family to pray and read the Bible together.

 CF Fast – Organize a fast at your school through your Christian Fellowship or Christian Union.Try to meet together for a few

minutes every day (if possible) during breaks, or before or after school. If you have any testimonies about what God is

saying to you or doing through you, share them with your friends. Gather once a week to encourage one another, worship, and pray.

- SMS Fast If you have a hand phone and friends that have one, take turns sending reminders to fast. You can also send Scriptures to encourage your friends.
- Cell Group Fast If you regularly attend a cell group with your family, organize a time during the cell when you can share with one another about any insights God has given you. Encourage one another with testimonies of ideas and thoughts He is placing in you heart for the nation and your future. If possible, get a partner to pray with during the week to encourage one another.

## DAY 1: 22 JULY

# Wonderfully Made

Psalm 139:13-16

our body is an awesome work of art. It is made up of one hundred million cells and held up by over 200 bones. Your tongue has 10,000 taste buds and then, 80,000km of nerves travel round your body to help control and coordinate your movement.

That's why the Bible says that you "are the crown of His creation". That means that of all the things He made, you are number one.

#### PRAY

- · Praise God for your awesome body.
- Ask God to help you take good care of your body by, for example, eating properly, exercising and having enough rest.
- Ask Him to help you accept your body shape. Some girls like to be thin to follow pop stars and actresses.

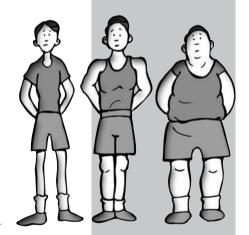
#### ACŢ

Find out more information about body from books or the Internet.

Praver Calendar for the Nations

### BANGLADESH

Being very small and fragmented, the Church feels insecure and weak. Many of these churches refuse to cooperate with one another. This not only damage their Christian witness to non-Christians but opens the way for Muslim fundamentalists groups to exert pressure on the government to bring Bangladesh under Shariah rule. Pray against this continuing trend.



# DAY 2: 23 JULY

# Obey the Call

Genesis 12:1-3, 18:19

od had a great plan for Abraham, but for the plan to jadi (unfold) Abraham must first obey His instructions. He had to leave his good life in the city and move to wherever God directed. It was not easy but Abraham obeyed and because of that, God richly blessed him by making him the father of many nations.

#### PRAY

- For your parents that they will always obey God.
- For yourself that you will be a joy to your parents by obeying them.
- For parents to guide their children to do what is right and pleasing to God.

#### **AC**Ţ

Today, make a pledge with yourself to make God number one in your life.

Prayer Calendar for the Nations

### CHINA

According to an ancient legend, China once worshipped the God of the Bible – the God of Heaven. But China has turned its back on God yet God did not turn His back on China. The persecution of the Chinese believers has brought about an unprecedented harvest of souls into the kingdom estimated at 15,000 new believers a day. Praise the Lord for His love for China!



# DAY 3: 24 JULY

# Honour

Ephesians 6:1-3

o you find it hard to obey your parents? Would you rather do your own stuff or do things your way? Maybe you think your parents are a real nag and so un-cool. Well, even if they are, you are still to respect them by obeying them. (For example, helping with the housework without being told and studying hard.) Then, you will receive God's pleasure.

Of course, if your parents asked you to do things that are not right (such as cheating in a test or lying), you should not. But you are still to show respect for them by politely telling them their instructions are wrong.

#### PRAY

- That God will give you the desire and the strength to obey your parents.
- That you will honour and respect those who are older.

#### ACT

Offer to help your parents do some household chores.

Prayer Calendar for the Nations

### LAOS

The need for cross-cultural evangelism is very great. Of the ninety different ethnic groups in Laos, only about a dozen have any believers at all. The vast majority of these ethnic groups have never heard the name of Jesus Christ. Since the change of Government in 1975, no expatriate cross-cultural missionaries have been permitted to work within Laos. Pray for God to raise up local cross-cultural missionaries instead.



# DAY 4: 25 JULY

# One Family

1. John 3:1-2

so great that we are called God's children – and so, in fact, we are." (1 John 3:1)

There are many Christians in Malaysia, attending many various churches. God wishes that all His children live and work together as one big family, with Jesus as the head.

Psalm 133:1 says, "How wonderful it is, how pleasant, for God's people to live together in harmony!"

#### PRAY

- Give thanks for all the many types of churches in Malaysia.
- That our churches will be "good friends" with each other and plan activities they can do together.

#### ACT

Talk to a Christian friend (perhaps a classmate) who is attending a different church. Find out more about his/her church.

Prayer Calendar for the Nations

### SR! LANKA

Pray for an end to the ongoing ethnic war between the majority Sinhalese and the minority Tamil who are demanding a separatist state in the north and east of the country. The war has cost the nation over 100,000 lives, while thousands have been displaced and maimed. There are around 800,000 displaced refugees within the country and more than one million outside the country.



# DAY 5: 26 JULY

## **Providence**

Proverbs 8:15-16

has indeed blessed our country, but for our country to continue well, our government needs God's wisdom for it to rule. So, as we enjoy His blessings, let us pray that He will give our government the wisdom to rule the country properly.

#### PRAY

• That our government will be a caring government that looks after the poor.

 Especially for those government leaders who are Christians that they will do their work well.

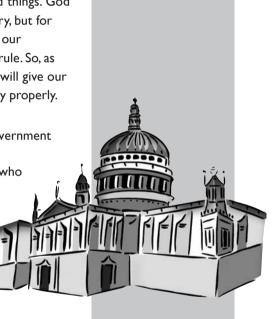
### ACT

Do you know the names of our Cabinet ministers and their responsibilities? For more information on members of Cabinet, log on to http://www.kabinet.jpm.my/.

#### Prayer Calendar for the Nations

### **V**į EŢŊAM

Since the fall of Saigon in 1975, the evangelical Christians have increased in numbers despite severe persecution from the communist government. This is due in part because they give attention to the training of lay leaders. Young Christians and church members have risen to accept the challenge of leadership when many of their pastors were arrested and churches closed. Pray for these lay leaders.



# DAY 6: 27 AUGUST

## Father's Concerns

Matthew 6:33

he Bible says that we are to "live for Him and make the Kingdom of God His primary concern" (Matthew 6:33). That means that God is more important than anything. When you are tempted to spend more time on other things than God and His concerns, remember to come back and draw near to Him.

#### PRAY

- Ask God to help you to make Him number one in your life.
- Ask God to help you divide your time such that you have time to read the Bible, study, play and rest.



### ACT

Have you been reading the Bible daily? If not, start doing it today.

Prayer Calendar for the Nations

### NORTH KOREA

Pray for the Christians in the labour camps, from which hardly anyone comes out alive. There are as many as 200,000 people in such camps, including thousands of Christians. Please pray for the thousands of Christians and tens of thousands of other innocent people who are languishing in Stalinist torture camps. Pray that they will not loose their faith, but that they will persevere in following God.

# DAY 7: 28 JULY

# Every Tongue Confess

saiah 45:22-23, Romans 10:14-15

here are 6.35 billion (6,350 million) people living on planet earth. English is the most common spoken language, but there are many thousand languages and many million people who know only their language. We need to learn their language so that we can tell them about Jesus. Our Heavenly Father wants everyone to hear about His love.

#### PRAY

• For mission agencies that do the work of translating the Bible to other languages. Pray that God will send people to join these agencies as missionaries.

• For missionaries who work in countries far away from their homes that they will enjoy their work.

#### ACT

Find out more about missionaries and what they do. Ask your parents or Sunday school teachers or church leaders.



Did The Lord Speak to You in a Special Way?  Take Some Time Now to Write Down What He Said:

# DAY 8: 29 JULY

# What a Privilege!

John 1:12-13

hen you believed in Jesus Christ, you received the privilege to become a child of God. As a child of the promise, you are given the authority, the spiritual rights, to share the Father's love to everyone in this country.

#### PRAY

- Confess any unbelief or fear in your relationship with God the Father.
- With thanksgiving and gratitude for the privilege of sharing God's love.

#### ACT

Share with someone how you have received this privilege.

Prayer Calendar for the Nations

### SOUTH KOREA

Pray for our brothers and sisters in South Korea, so that they will be able to continue evangelising and will be able to be a support for the Christian refugees in North Korea. On 12 April 2002, the South Korean Pastor Bond-II Choi was arrested in China because he was providing aid in the form of shelter, food, clothing and the Word of God to North Koreans who had fled. Please pray for his protection and for the other evangelists.



## DAY 9: JULY 30

# **Unconditional love**

1 John 4:9-13

e have not loved God. In fact the Bible said we were separated from Him and in this condition He showed the greatness of

his love for us by giving his Son to die for us.

What a demonstration of unconditional love! Can we ask God to help us to show this unconditional love to our family members?

#### PRAY

• For our parents to be faithful to God and one another.

· For children to grow in homes where there is love, joy and thankfulness.

#### ACT

Try going out with one of your family members this weekend and have fun.

Prayer Calendar for the Nations

### BHUŢAN

Christians are forced to pledge in writing not to gather to worship or to proselytize. The penalties for defying such undertakings include withdrawal of all state benefits, loss of free education for their children, loss of promotion and training opportunities, termination of employment, cancellation of trade licences, restriction of movement and, for repeated offences, exile.



# DAY 10: 31 JULY

# Godly Wisdom

Proverbs 1:1-9

oday's verses challenge a young person to seek wisdom and gain understanding and how godly wisdom can give common sense to the simple. He/she can receive knowledge and discretion, increase learning and get wise counsel.

The list goes on and they are all different terms for describing true wisdom and righteousness, which consist in knowing and doing the will of God.

Will this be your life time goal – to seek godly wisdom?

#### PRAY

- That you will grow in wisdom and stature and in favour with God and man.
- For our youth desire to seek godly wisdom and be great influencers in society.

#### ACT

Get some of your friends and do a study on the word – wisdom.

Prayer Calendar for the Nations

### BURMA

Christians are the people of the hills. It was on 15 March 1899, that American missionaries first encountered these animist peoples. The Chin are now almost completely Christianized - to the intense annoyance of militant Buddhists backed by the ruling powers. This annoyance has resulted in a strong drive to evangelize the Chin for Buddhism. They face great persecution and temptations to renounce their faith.



## DAY 11: 1 AUGUSŢ

# My Comforter

John 14:15-17

his Comforter is different from what you used when you go to bed at night! He is the Holy Spirit. He teaches us, guides us, and comforts us. He is at work in our lives to make us to be more like Jesus.

### PRAY

- That you will begin to treasure the work of the Holy Spirit in your life.
- For the power of the Holy Spirit to be evident in the lives of all believers.

### ACT

Memorise all the fruit of the Holy Spirit found in Galatians 5:22-23.

Prayer Calendar for the Nations

### RRUNE

The Ministry of Education requires all students, including non-Muslims, follow a course of study on

the Islamic faith and learn the jawi (Arabic script). However, the Government does not prohibit or restrict parents from giving religious instruction to children in their own homes. Pray for all Christian parents to effectively instruct their children in the ways of God at home.



## DAY 12: 2 AUGUST

### Godliness

Proverbs 16:12

ur government has declared 'war ' against corruption, drugs, and smoking. It has also launched a campaign to encourage Malaysians to be more polite and courteous (that simply means good manners). As Christians we must do our part by being godly, honest and noble citizens. Continue to pray for godly men and women to be put in positions of authority because "Godliness exalts (lifts up) a nation".

#### PRAY

- That our Prime Minister will have God's wisdom and good values.
- For PM's family, especially his wife, Datin Paduka Seri Endon Mahmood, for good health and wisdom as helpmate to PM.
- For all government leaders and local authorities to cooperate with the government's "wars" (against drugs, smoking, etc.)

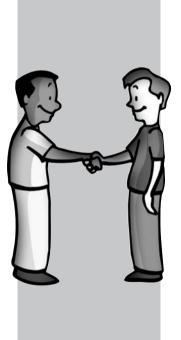
#### ACT

Practise some basic good manners, such as saying "Please" and "Thank you", and greeting your parents and teachers.

#### Praver Calendar for the Nations

### ND!A

Because of increasing persecution, the church is beginning to realize the need for unity. For the first time in the history of India the Catholics, the Protestants and the Evangelicals have joined together to form a United Christian Forum, which is already functional and recognized by the Government. Pray that with this unity, India will know that Jesus is Lord!



# DAY 13: 3 AUGUST

## Riches

Deuteronomy 8:12-20

he Israelites had been wandering in the desert for 40 years, and during this time, they completely depended on God for food, water, clothing and everything. Now that they were going to enter the Promised Land where they would enjoy a good life, God reminded them not to forget Him. Every good thing comes from God.

Likewise, all that you have is given by God. You may think they are given by your parents, but it is God who gives them the ability and good health to work and earn the money to buy you those things.

### PRAY

- · Give thanks to God for all that you have.
- That you be generous to serve God with the best that you have.

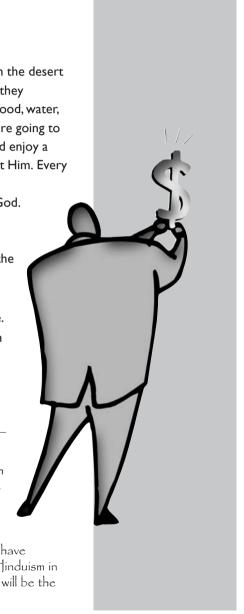
#### ACT

Consider buying a gift for a needy friend.

#### Prayer Calendar for the Nations

### NEPAL

The church in Nepal has seen huge growth in recent years. Operation World reports a doubling in numbers to 400,000 during the 1990s. However, Christians in the world's only Mindu kingdom still experience persecution. Hindu extremists have declared they will shed blood to protect Minduism in Nepal. Pray that the blood of the martyrs will be the seed of the church.



# DAY 14: 4 AUGUST

# Your testimony

John 4:10-18; Ezekiel 47:7-9

ave you ever told a friend about Jesus? The Samaritan woman bravely told her village friends about Jesus and many of them believed in Him. God can also use your sharing to bring your friends to Him.

#### PRAY

- That more Christians will be willing to become missionaries.
- For protection and perseverance for missionaries.

#### ACT

Share your testimony with a friend today.



Did The Lord Speak to You in a Special Way?  Take Some Time Now to Write Down What He Said:

# DAY 15: 5 AUGUST

## We all matter to God

2 Peter 3:14-15a

hrist died for us when we were still sinners!
And He will always love us. But we should keep trying to live as He wants us to, because we are important to Him.

#### PRAY

- That our joy in knowing that Jesus loves us will help other people know Him too.
- That God will help us to see that everyone is important to Him.

#### ACT

Send a note to a friend or family member to let them know he/she is special to you.

Prayer Calendar for the Nations

### INDONES! A

The result of a survey released on 11 November

2004 indicated that a significant percentage of Indonesians are intolerant toward people of other faiths. And early this year, Islamists in Java and Sumatra have used legal means to close down several churches. They cite a government ruling that states that churches can be closed down if the local community objects to them. If that be the case, pray for Christians to continue meeting in homes.



## DAY 16: 6 AUGUST

# Strong in Jesus

uke 6:46-49, saiah 43:11-13

esus wants us to make Him the foundation of our lives. To do this we must not only hear His words but do what He says. Then we will be strong in Him.

PRAY

That God will be the most important one in our lives and in our homes.

ACT

Sometimes at home we "take it easy" and are careless. Remember even as we do our chores and homework to show that we love lesus by the way we do things.

Prayer Calendar for the Nations

### MONGOLIA

The religious groups: Buddhist Lama 50%, Atheist 40%, Shamanist and Christian 6%, Muslim 4%. There is freedom of religion in the country

though the law do limit proselytizing. Pray for the small minority Christians and the many foreign mission agencies in the country to be successful in evangelising the people.



# DAY 17: 7 AUGUST

# God has a plan for you

Jeremiah 1:4-10

ven before you were born God already knew you and had a plan for you. Do not think you are too young to do something for God. If He wants you to do something, He will help you. He is always with you.

#### PRAY

Talk to God about your hopes and dreams. Tell Him you want to follow His plan.

#### ACT

Read the story of Naaman in 2 Kings 5:1-15. It is about a girl who was captured and had to work as a slave.

Because of this girl Naaman, an army commander, came to believe in God.



Prayer Calendar for the Nations

### CAMBOD! A

Cambodia embarked on a dark period of more than 3 1/2 years when the Pol Pot regime captured Phnom Penh in 1975. The country's entire infrastructure was completely destroyed. At least 1.5 million people, a fifth of the population, died from execution, or starvation. No religion, no money, no education, no school and so on that the historical wheel turned to year zero. Pray for God's help as the current government try to rebuild the country.

## DAY 18: 8 AUGUST

# His Discipline

Hebrews 12:5-13

ur parents discipline us for our own good because they love us. God does this too because we are His children. This is not always easy for us – but it is worth it.

#### PRAY

For God's grace and wisdom for your children's church leaders and your parents.

### **AC**Ţ

Do something to show your appreciation for one of your children's church teachers.

Prover Calendar for the Nations

### MALDIVES

Maldives population of 300,000 is supposedly 100% Muslims. The Government observes Shari'a (Islamic law) and the practice of any religion other than Islam are prohibited by law. Last December's tsunami had devastated the country's precious tourism industry,

which provides two-thirds of employment and the largest proportion of GDP. Pray for God to open doors for His Gospel into this country through this crisis.



## DAY 19: 9 AUGUST

## Lean on God

2 Chronicles 16

ing Asa was proud. He wanted to sort out his problems by himself instead of leaning on God. In the end he met trouble instead of victory.

### **PRAY**

For our government to use Godly principles in all its doings.

### **AC**Ţ

Decide to lean on God. Choose one of God's promises and write it out.

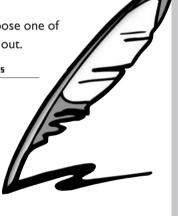
Prayer Calendar for the Nations

#### HONG KONG

When the Apostle Paul visited Athens, "...he was greatly distressed to see that the city was full of idols," Acts 17:16. And like first century

Athens, Hong Kong

has idols everywhere. The people are also under the bondage of the 'Three Curses of the Chinese Society' – vice, drugs and gambling. Pray for God's empowerment and grace on the Church to exercise spiritual authority to overcome evil forces.



# DAY 20: 10 AUGUST

## Hold on to God

l uke 12:16-21

he rich man thought he would be safe and happy because he had lots of things. But God tells us we should hold onto Him and not onto our things.

#### PRAY

Ask God to help you make choices that please Him.

### **AC**Ţ

Give away one of your 'treasures', like a favourite toy or book.

Prayer Calendar for the Nations

### MACAU

Many years ago Macau was given the title; "Macau, city of God, there is none more loyal!" Today, Macau's loyalty is to false gods and the immoral things of man. Gambling is the major industry of the city. Though the gospel had been preached for almost 200 years, there are only about 3,000 believers (less than 1% of the population). Pray for a breakthrough in the salvation of souls.



# DAY 21: 11 AUGUST

# Let's be ready

2 Peter 3:9

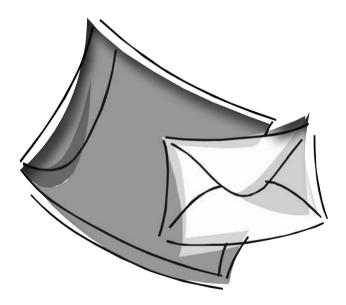
esus is coming back. We don't know when, but we should be ready. That means for one thing making sure there is no unforgiveness in our hearts. Are you ready?

### PRAY

Praise and thank God that already lots of people have heard the gospel, the Good News of salvation. Pray that many more will hear.

### ACT

Write to a missionary to encourage him or her.



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ake Some Time Now to Write Down What He Said:				
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## DAY 22: 12 AUGUST

# Our Loving Father

Psalm 103:8-14

n the story of the Prodigal Son (Luke 15:11-32) we see how the father welcomed his son back with compassion – "he ran to his son, threw his arms around him and kissed him". Even if we have done something we know we should not have done we can come back to God, our

wonderful Heavenly Father. He is like the father in the story. We can just run back to His arms and say sorry.

#### PRAY

Say sorry for any behaviour God does not like. Come back to Him. Tell Him we love him.

#### ACT

Write out Ephesians 4:32 beautifully and put it up in your room.

Prayer Calendar for the Nations

### SINGAPORE

Singapore was founded as a British trading colony in 1819. It joined the Malaysian Federation in 1963 but separated two years later and became independent. Today, the two countries are disputing over issues such as deliveries of fresh water to Singapore, Singapore's land reclamation works, bridge construction, maritime boundaries, and Pedra Branca Island/Pulau Batu Putih. Pray for both countries to come to an agreement over these issues.



# DAY 23: 13 AUGUST

# Passing it on

Psalm 78:1-8

s there someone – maybe a parent, aunty, uncle or teacher – who teaches you about God and His goodness? Do you listen carefully? God wants you to

learn about Him and to know Him, then you can pass on the good news to other people.

### PRAY

That God will help us learn about Him and know Him so we will be ready to pass the good news on.

### **ACT**

Are others in your family Christians? Do you have a regular devotion time together? If not, ask if you can start.

Prayer Calendar for Children

### ORPHANED CHILDREN

Pray that they may be introduced to Father God, and may enjoy His love as from a parent and know with certainty that their heavenly

Father cares for them.





## DAY 24: 14 AUGUST

# Be pure

Psalms 119:9-11

riends may try to make us do things we know are wrong, things like cheating in exams, lying, taking other people's things or being unkind to others.

The psalm asks: How can a young man keep his way pure? It is by living according to God's word.

#### PRAY

That we will love God's word very much. That we will have courage and strength to resist temptation to behave wrongly.

#### ACT

Think about the story of Daniel in the Old Testament. Daniel was a teenager when he was taken away from his home to live in another country. He stood firm for God despite all the difficulties.

Praver Calendar for Children

# CHILDREN WHO HAVE LOST PARENTS THROUGH WAR AND DISASTERS.

Half of the 57.4 million people displaced by war are children, and millions of these have been separated from their families in this time of crisis. Pray that they would know comfort and peace from their heavenly Father.



## DAY 25: 15 AUGUST

# Spotless

Ephesians 5:25-27

ather God loves the Church. The Church is all the people of every race, land and age who know Jesus as their Saviour. Christ shed His blood to make the Church clean and holy.

### PRAY

That we will be true, faithful and obedient to God.

#### ACT

God really loves each of us so much. Make a card for someone telling them "God Loves You".

Prayer Calendar for Children

### CHILDREN WHO HAVE LOST PARENTS THROUGH AIDS AND OTHER DISEASES.

Worldwide, 13.4 million children under 15 have lost their mother or father or both parents to AIDS. By 2010 this number will have more than doubled, adding to a crisis for many extended families and communities. Pray that in their loneliness they would experience God's love and be treated with dignity. Pray for national health programmes and churches to bring help and education and that churches and nations would act to help prevent further spread of HIV/AIDS. 250,000 children and young people are infected with HIV/AIDS every month (State of the World's Children, UNICEF, 2000)



## DAY 26: 16 AUGUST

## Defender of the Weak

Psalm 82

his Psalm talks about those who are poor, needy, weak and oppressed. Some people take advantage of them but God cares about for each one.

In Matthew 25:31-46 is the story of the sheep and the goats. We realise that it is up to each person to do what they can to help those who are in need.

#### PRAY

That God will help and protect those working to help the poor and those who are unfairly treated.

#### ACT

Ask your children's church teacher or cell group leader if you can visit an orphanage.

Prayer Calendar for Children

### CHILDHOOD TO BE PROTECTED.

Approximately 1.2 million children are trafficked each year. These children are often arrested and detained as illegal immigrants once they arrive at their destination. Pray that children would no longer have to be 'sold' (to factories, farms, houses, mines etc.) to provide income for poor families. Pray that children who have been sold would not be treated like slaves or kept separated from their families.



# DAY 27: 17 AUGUST

# True, right through

Proverbs 10: 9; 11:1

od wants us to be honest, upright and true – that is, to be people of integrity. If we are, we will know peace and security in Him.

#### PRAY

That with big things and little things we will have wisdom and courage to do everything God's way. ACT

Ask an older person to tell you about someone who was/is a "person of integrity".

Praver Calendar for Children

### POVERTY.

Over half a billion children are struggling to survive on under \$1 per day (*Poverty Reduction Begins with Children*, UNICEF, 2000) Pray especially for those children who do not have these basic provisions that God will lead raise up people to help them.



## DAY 28: 18 AUGUST

### Turn Back

Hosea 6:1-3

o we see bad things happening around us? Yes, because not everyone knows God or lives as He wants. But let's not worry or lose hope.

God is in charge of all things; He is the Lord Almighty.  $\mbox{\bf PRAY}$ 

For Christians going through difficult times to be faithful and strong in the Lord.

ACT

Pray about something in today's news.

Prayer Calendar for Children

# CHILDREN WHO SUFFER AGGRESSION AND VIOLENCE IN THEIR HOMES.

Pray that God's presence would heal and comfort them and give their parents His peace for the benefit of the family. Pray that governments would intervene effectively to protect children from violence.



Did The Lord Speak to You in a Special Way?  Take Some Time Now to Write Down What He Said:
3

## DAY 29: 19 AUGUST

## Making our Heavenly Father Happy

l uke 15:8-10

o you remember when you took your first step, or when you had your first tooth, or when you first called "mama" or "papa"? Surely your parents remember. And they were thrilled to bits.

In the same way, your Heavenly Father was thrilled when you first talked to Him. He remembers because He really loves you. Just as He looks after the wild birds and flowers, He will look after you. In fact, you are more important than the birds and the flowers. So important that He is now preparing a house for you up there. Continue to love Him and talk to Him every day.

#### PRAY

- That everyday we will thank our Heavenly Father because He is by our side and we want to please Him.
- That we will talk to Him all the time and remember to call on Him when we need help.

#### **AC**Ţ

Read out aloud Psalm 131. Memorise a verse you like.

Prayer Calendar for Children

### IN THE MIDST OF CONFLICT

In the 1990s, more than 2 million children died as a result of armed conflict. There are around 200,000 child soldiers being forced to fight in the Democratic Republic of Congo and thousands more elsewhere. Pray that children would not be used as agents of war but as messengers of peace.



## DAY 30: 20 AUGUST

## He loves to give to us

Deuteronomy 30:1-6

ur Father loves to bless us. But we will not enjoy His blessings if we do not understand and follow His rule – to obey Him with all our heart, mind and soul as He commands us.

No matter who we are, our hope is in the Lord. God said, "Tell those who are rich in this world not to

be proud and not to trust in their money, which will soon be gone. But to trust in the living God, who richly gives us all we need for our enjoyment" (ITimothy 6:17, New Living Translation).

#### PRAY

- That we will look to God to give us what we need.
- That we will remember the poor and those who do not have enough.



Bring some extra goodies to school to share with another friend during recess.

Prayer Calendar for Children

### IN THE MIDST OF INJUSTICE

20 million children have had to flee their homes due to conflict and the violation of human rights. Pray God defend and protect these children.



## DAY 31:21 AUGUST

## Be a big brother or sister

2 Timothy 2:2

hildren love to imitate adults. They also like to follow the older teens and do what they do. In the same way, your younger brother or sister or cousins or friends like to follow you. Are you helping them

to follow what is right and obey their father and mother?

PRAY

· That you will be an obedient child.

 For good big brothers and sisters or those you can follow.

• For your parents when they seem too busy for you.

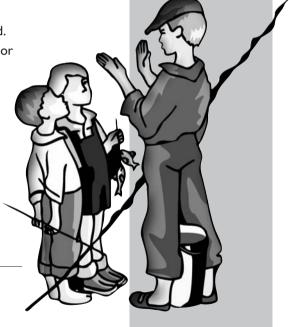
#### ACT

- Tell your parents/grandparents you are sorry when you do not obey them.
- Be nice to your younger brothers and sisters and play with them.

Prayer Calendar for Children

### CHILDREN SUFFERING FROM DISEASE OR DISABILITY.

Around 30,000 children under 5 die each day, mostly from preventable causes. For example, in Sub-Saharan Africa, 3,000 die from malaria every day. Pray that even in the many places in the world where there are not the people, facilities or resources to help, God may relieve and treat these children.



## DAY 32: 22 AUGUST

## Show love to others

Micah 7:18-19

od says He loves YOU. His love never changes and is so generous. It reaches to the poor people, the weak and even the wicked. He wants us to love other people like that.

When we love other people, we tell them by our love that God loves them. And when we love others, we also tell God that we love Him

#### PRAY

- That we will be thankful for God's love.
- That we will love those who do not love us.
- That we can show love to those who have no one to love them.

#### ACT

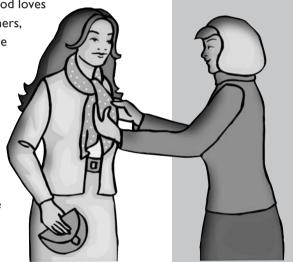
Be a friend in school to someone who has no friends

Prayer Calendar for Children

### CHILDREN TO EXPERIENCE THE KINGDOM.

Between 8,000 and 10,000 children are killed or maimed by landmines every year.

Pray that God would change their circumstances and that they would know He is at work and that they would experience a touch of heaven on earth.



## DAY 33: 23 AUGUST

## God accepts our 'Sorry'

Jonah 3:1-10

raise God for keeping Malaysia safe. The tsunami, dengue, floods, etc passed us like a scratch. God listens to our prayers. God wants the whole of Malaysia to turn to him.

And God says that if His people pray and turn from their wicked ways, He will hear from Heaven. We need to share this message with others.

#### PRAY

- For the people fixing warning systems to prepare us for danger ahead.
- That the countries in the region will work together and be good friends.
- That God's children will pray day and night against evil in our land.

#### ACT

You can join us to pray for our country. Log on to www.necf.org.my

Prayer Calendar for Children

### MALNOURISHED CHILDREN

150 million children under 5 are malnourished. 56% of under-fives in Bangladesh are at least moderately underweight. 19% of children have no access to clean drinking water. Pray for the children whose stomachs are aching right now and for those who are losing the strength and the will to live. Also pray for malnourished children to be protected from disease and stunted development. Pray for aid to be given to these countries.



## DAY 34: 24 AUGUST

## Share what you have

Luke 10:25-37

ho do you like to be in this story? The priest, the Levite or the Samaritan? Jesus chose the Samaritan. Why? The Samaritan showed he had a generous heart. He helped someone in need. Not only that, he paid a man to look after the victim.

In Malaysia, people give when there are needs, like when they gave generously to help the Tsunami victims. When we Christians share what we have, we show that we have a Heavenly Father who 'loves to give'.

#### PRAY

- We will be cheerful givers. We can give time, money or love.
- That we Christians will act quickly when there are needs in our society.

#### ACT

Memorise this verse: "The generous prosper and are satisfied; those who refresh others will themselves be refreshed." (Proverbs 11:24-25 New Living Translation)

Prayer Calendar for Children

### CHILDREN USING GLUE AND DRUGS

At least two thirds of Egyptian street children resort to drug abuse. Pray that their physical, emotional and spiritual hunger would be met by God and His provision.



## DAY 35: 25 AUGUST

## God is Ruler of all

Psalm 22:27-28

ho is King of the Ocean? The Skies? The Universe? Jesus is the King of kings. Who is Boss of Malaysia? America? Indonesia? China? Powerful people rule the nations. Some are good, some are evil, but God rules over all. He has all

the power and He sometimes allows evil rulers to rule, but He still gives them a chance to change.

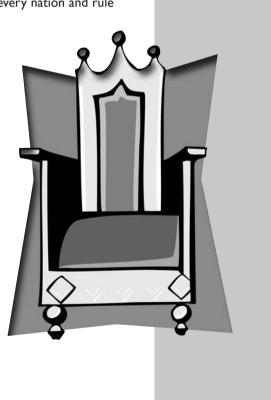
One day He will take back every nation and rule over all. The Lord reigns!

#### PRAY

- For nations that have evil rulers who do not allow their people to believe in God.
- That the good news of our Father's love will reach every nation.
- For rulers and leaders who can be used for God's plan.

#### ACT

Find out one nation that does not allow the gospel to be preached (for example North Korea) and declare 'open doors' for them today in Jesus' Name.



Did The Lord Speak to You in a Special Way?  Take Some Time Now to Write Down What He Said:

## DAY 36: 26 AUGUST

## We have blessings

Romans 8:12-17

esus, the King of kings, the Lord of Lords says that those who follow Him are His brothers. You are His brother or sister if you believe in Him. That means you have a share in everything He has! All that belongs to God belongs to Him.

We are children in God's kingdom. Therefore, we need to behave like princes and princesses. God's Holy Spirit will help us.

#### PRAY

- Say sorry to our Father for not behaving like His children.
- That we know how to use His blessings to bring good to others.

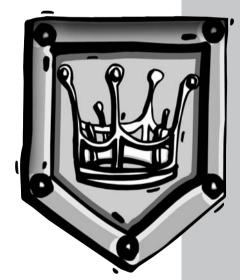
#### ACT

Help a friend who cannot do his/her schoolwork.

Prayer Calendar for Children

### CHILDREN INVOLVED IN CRIME

Pray that they would receive fair trials and sentencing appropriate to their age and that the places where they are confined would offer hope and dignity. Pray that churches would be involved in intervention, care and rehabilitation programs



## DAY 37: 27 AUGUST

## A promise is a promise

Joshua 24:15

would serve God only.

oshua followed Moses when he was a young man. Then he became the leader. He saw everything God did. God opened the Red Sea for them to cross. He gave them water from the rock. He sent birds for their meat in the desert. He defeated all their enemies. He kept His promise to bring them into their own land. As an old man, Joshua did not forget his promise. He told the people that he and his family

Let us also make this same promise for all time – "As for me and my house, we will serve the Lord."

#### PRAY

- Apologise to God for the times we did not follow Him.
- Decide to please God and do right rather than follow others.
- That you and your family will shine for Jesus.

#### ACŢ

Write out your promise to God to be His child and to serve Him." I promise to be..."

Praver Calendar for Children

#### CHILD PRISONERS.

Worldwide, more than 1 million children are in prison. Many are imprisoned for minor offences such as vagrancy, begging, smoking or non-attendance at school. Pray that whatever their past, they may know the freedom of God's forgiveness.



## DAY 38: 28 AUGUST

## Changed completely

2 Timothy 3:14-17

e can follow our mum and dad to church, but our hearts may not feel anything for God. Outside we may do all the good 'Christian' things, but that does not make us God's children. We become His children when we ask Jesus to come into our hearts to take charge.

As we let the Holy Spirit lead us in the right ways, we will be changed to become like Jesus. Others will see the change.

#### PRAY

- Ask Jesus to come into your heart and take charge.
- For a right spirit to love God and live for Him.

#### ACT

Read I John 2:15-17. Write out the verses clearly and put them on your table to remind you each day.

ABUSED CHILDREN.

Pray that they would be enabled to forgive the abuser (consider children who have suffered physical or sexual abuse or the trauma of war), that they would be freed from bitterness and that they would be able to live a full life unhindered by the past.



## DAY 39: 29 AUGUST

## Our Teachers

2 Kings 2:2-12

UIZ: Who was Elijah? What was he famous for? Who was Elisha? What did Elijah leave behind? What did God give to Elisha?

Elijah was a great Old Testament hero. Today, our 'Elijahs' are our parents, pastors, Sunday School teachers, and church leaders. They pass on to us what they know about our Heavenly Father. We must always respect them, and help them pass on what we have learnt to others.

#### PRAY:

 For a double portion of God's Spirit for your parents, church leaders and Sunday School teachers.

- · For new leaders who are willing to teach.
- For good training in God's Word to pass on to others.

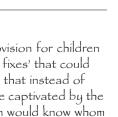
#### ACT

Write a thank you letter to your parents or Sunday School teachers for their hard work.

Prayer Calendar for Children

### CHILDREN SELLING THEMSELVES.

Pray for wisdom and alternative provision for children in tempting situations offering 'quick fixes' that could have disastrous consequences. Pray that instead of being ensnared by evil, they would be captivated by the Father. Pray that vulnerable children would know whom to trust, and be attracted to good people able to help them.



## DAY 40: 30 AUGUST

## Saved to live again

Daniel 6:25-28

ing Darius could not sleep and as soon as it was morning, he ran to see if Daniel was still alive. God protected him and the lions' mouths were shut. The King was overjoyed and later, commanded that all the peoples, nations, and men of every language under his rule must worship and honour Daniel's God.

As God's children, we can show others that the God we worship can bless Malaysia. God worked powerfully in Daniel's life. He can do the same for us.

#### PRAY

- That all Malaysians can be free to choose to believe our Father.
- For Malaysia to be good friends with every nation.
- That Christians in Malaysia will be like Daniel to win people for Jesus.

#### ACT

Put up a flag of Malaysia to remember our Merdeka Day.

Praver Calendar for Children

#### CHILD LABOURERS.

246 million children around the word are exploited for their labour, most often in dangerous environments such as mines or factories or in situations where they are exposed to harmful substances. 5.7 million children work in especially horrific circumstances, such as in the virtual slavery of bonded labour.

Pray that forced child labour would stop and that those responsible for exploiting children would be brought to account.



## DAY 41: 31 AUGUST

## The head, not the tail

Deuteronomy 28:1-14

alaysia is blessed. We have rain and sunshine all year round. We have sea coasts and mountains, peace, and enough food for all.

God has blessed Malaysia. If Malaysia follows God's Word, our blessings will overflow to others around.

Let us continue to follow God's ways so that our hard work will bring good results. Our enemies will run away. Our land will continue to have rich fruit. Our people will increase. God will be our God. We will be the head, not the tail.

#### PRAY

• That Christians will bring blessings to the country by doing honest business.

• For our parents to be strong to do what is right at their work place.

• That Christians will attract others to Jesus by the way they behave.

#### **ACT**

Choose one verse in Psalm 37 to memorise.

Praver Calendar for Children

### WRONG USE OF THE INTERNET.

About 1 million children are exploited each year in the sex industry. This is fuelled mainly by local demand, though sex tourism is also a significant problem. The Internet has the potential to promote this and to disseminate child pornography on a global scale. Pray that children would be protected from the intentions of paedophiles and that all paedophile rings would be stopped and brought to justice.

## DAY 42: 1 SEPŢEMBER

### The Last Curtain

Revelation 5:9-14

o more bullies! No more scolding! No more crying! No more fighting! The day is coming when God will bring every tribe, language, people and nation and make them a kingdom of priests to serve Him.

A crown is waiting for everyone who believes in Jesus. Don't miss it! Let us watch and pray until the Last Curtain closes.

#### PRAY

- For God's presence and glory to fill the nations.
- For all the people of the world to know Jesus.

#### ACT

Learn a song in a different language, for example a Russian song. Sing the song and pray that Russians will turn to Jesus.

Praver Calendar for Children

### UNCHURCHED CHILDREN.

Pray that churches would prioritise the teaching of children and the reaching and discipleship of unchurched children. Pray that children would have their own bible in their own language and that materials would be easily accessible and distributed cheaply to everyone.



Did The Lord Speak to You in a Special Way?  Take Some Time Now to Write Down What He Said:

## YOUR TEST: MONY IS POWERFUL, SO KINDLY RETURN THIS FORM TO US

Thank you for being part of the Lighting Up Our Nation 2005. We would appreciate your feedback as partners in this prayer movement for our nation. Please give exact details of testimonies or reports so that we encourage others.  Would you like to be added to the mailing ist?   YES NO  Title:  Full Name:	Answered prayers during or after the 40 days:
Postcode: Tel/Fax:	Would you like information or help on:  • Praying Round the Clock YES for Malaysia
Name of church or prayer group:	<ul> <li>Intercession for children seminars on prayer</li> </ul>
Name of people who participated in your group ( if applicable):	Please return to: The Prayer Commission of NECF Malaysia Address: 32, Jalan SS2/103, Petaling Jaya 47300 Email: prayer@necf.org.my or fax: 03-77291139
Were there any testimonies that are significant or encouraging that you have neard or experienced during these 40 days?	





22 JULY - 30 AUGUS!

Nationwide 40-Day Fast & Prayer & Charity
28 - 30 AUGUS!

Nationwide Merdeka Prayer Rallies



Organised by the Prayer Commission of NECF Malaysia
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