



# SOP CONDITIONAL MOVEMENT CONTROL ORDER (CMCO) FOR FEDERAL TERRITORIES OF KUALA LUMPUR & PUTRAJAYA, SELANGOR, PENANG, PERAK, NEGERI SEMBILAN, KELANTAN, JOHOR (KOTA TINGGI & MERSING DISTRICTS) & KEDAH (KULIM DISTRICT)

Updated on 29 November 2020  
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## Activities allowed

- Chain of Economic & Industrial Activities
- Implement Govt Official Duties
- Receive health treatment, emergency & death matters

## Time of Enforcement

24 Hrs

Time of Activities allowed

As prescribed in the brief description

Resident Movement

Allowed with conditions

## ACTIVITIES & PROTOCOLS

ACTION	Brief Description
Areas Involved	Federal Territories Of Kuala Lumpur & Putrajaya, Selangor, , Penang, Perak, Negeri Sembilan, Kelantan, Johor (Kota Tinggi & Mersing Districts) & Kedah (Kulim District)
Period Enforced	21 November 2020 (from 12.01 am) to 6 December 2020 (11.59 pm)
Movement Control	<ul style="list-style-type: none"><li>• The police (PDRM) is responsible to implement control on infected local areas with the assistance of Armed Forces, Civil Defence (APM) &amp; RELA.</li><li>• <b>ONLY THREE (3) in a private vehicle are ALLOWED to go out as representatives from one (1) household</b> for the purpose to buy/obtain food supplies (<b>including food in restaurants/eateries/dine-in</b>)/basic and other needs. High risk individuals and children are not encouraged to go out to public, open and crowded areas.</li><li>• Vehicles bringing essential goods &amp; services as well as chain of economic/industrial activities are <b>ALLOWED</b> to go in &amp; out. The number of people allowed in each vehicle depends on the commercial vehicle registration licence.</li><li>• Movement of private vehicles, Govt departments or private cos <b>for the purpose of commuting to &amp; from work</b> or to conduct official govt business depends on the seating capacity of the vehicles.</li><li>• Activities and services at all airports and ports are <b>ALLOWED</b> to operate.</li><li>• For air travel via airports, individuals need to obtain the prior permission of PDRM.</li><li>• Public transport services such as buses, express buses, LRT/ MRT/ ERL/ Monorel &amp; taxi/e-hailing are <b>ALLOWED</b> to operate. Individuals who use public transport for the purpose of crossing states/districts other than going to work need to obtain the permission of PDRM.</li><li>• Taxi/e-hailing services (<b>maximum only two (2) passengers</b>) and food delivery are <b>ALLOWED</b> to operate from 6.00 am to 12 midnight during the CMCO period.</li></ul>

## Activities not allowed

- List of activities not allowed
- Movement of residents out of CMCO areas/cross districts and states except with permission of police (PDRM) & matters/activities allowed
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## Fixed Instructions

- Subsection 11(3) Act 342
- Subject to rulings of NSC & MOH
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ACTIVITIES & PROTOCOLS					
ACTION		Brief Description			
Movement Control		<ul style="list-style-type: none"> <li>• Emergency &amp; accident cases that require treatment at nearby hospitals/clinics are allowed movement according to the vehicle capacity <b>WITHOUT</b> the need to obtain permission from PDRM.</li> <li>• Medical appointment cases are <b>ALLOWED</b> movement according to the vehicle capacity by only showing the appointment letter or card.</li> <li>• In the case of funeral management outside CMCO areas, it is <b>ALLOWED</b> but need to obtain permission of PDRM. The total number of passengers in the vehicle depends on the emergency situation.</li> <li>• Any individual originating from the CMCO areas is <b>ALLOWED</b> to return to these areas but need to obtain permission of PDRM.</li> <li>• For movements that need to go through CMCO areas to other areas they are <b>ALLOWED</b> but require permission from the nearby police station before the journey. The total number of passengers depends on the vehicle capacity.</li> <li>• Movement to Enhanced Movement Control Order (EMCO) areas is based on the EMCO SOP</li> </ul>			



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## ACTIVITIES & PROTOCOLS

ACTION	Brief Description
<b>Activities in CMCO Areas</b>	<ul style="list-style-type: none"> <li>• Business/economy/industry are <b>ALLOWED</b> to operate as prescribed by the Govt.</li> <li>• Supermarkets, Shopping Malls &amp; retail stores are <b>ALLOWED</b> to operate according to the SOP that has been decided between 6.00 am to 12 midnight.</li> <li>• Restaurants, shops/food stalls, food trucks, roadside hawkers, mobile hawkers, food courts/hawkers' centres, roadside food stalls/kiosks, grocery stores and convenience stores are <b>ALLOWED</b> to operate from 6.00 am to 12 midnight in compliance with SOP of Food Sector.</li> <li>• Restaurants and eatery shops are <b>ALLOWED</b> to operate dine-in (<b>LIMITED TO 2-4 PEOPLE AT ONE TABLE WITH DISTANCING OF 1 METRE BETWEEN CUSTOMERS</b>), take away, delivery or drive-through with compliance to <b>Food Sector SOP (Business premises, Non-Premise Hawkers, Indoor Markets and Retail/Sundry, Food &amp; Beverage stores)</b>.</li> <li>• Operating hours of daily markets are between 6.00 am to 4.00 pm only with compliance to SOP &amp; supervision of authorities.</li> <li>• Operating hours of wholesale markets are between 12.00 am to 5.00 pm with by compliance to SOP &amp; supervision of authorities.</li> <li>• Operating hours of farmers' markets are between 6.00 am to 12.00 pm with compliance to SOP &amp; supervision of RELA/Local Authorities' staff.</li> <li>• Operating hours of night markets are between 4.00 pm to 10.00 pm with compliance to SOP &amp; supervision of RELA/Local Authorities' staf.</li> <li>• Operating hours of pumping at petrol stations are between 6.00 am to 12 midnight (except petrol stations at highways allowed to operate 24 hours)</li> <li>• Laundry operating hours <b>ALLOWED</b> from 6.00 am to 12 midnight.</li> <li>• Other business operations <b>ALLOWED</b> from 6.00 am to 12 midnight.</li> </ul>



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ACTIVITIES & PROTOCOLS					
ACTION		Brief Description			
Medical/Health Services		<ul style="list-style-type: none"> <li>• Operating hours of Govt. &amp; private clinics and hospitals <b>ALLOWED</b> for 24 hours or according to the time set by the Govt.</li> <li>• Pharmacies &amp; drug stores operate from 8.00 am to 12 midnight.</li> </ul>			
Health Protocols		<ul style="list-style-type: none"> <li>• Premise owners ensure control of entrance &amp; exit of customers to the premises with physical distancing of 1 metre.</li> <li>• Premise owners ensure that customers check-in the premises using MySejahtera or record manually their names and telephone numbers as well as scan their body temperatures. Those with body temperatures 37.5 degrees celcius &amp; above are not <b>ALLOWED</b> to enter the premises.</li> <li>• Premise owners restrict the number of customers present at their premises at any one time &amp; display the maximum total number of customers present at their premises.</li> <li>• Mandatory for workers, suppliers &amp; customers to wear face masks correctly according to MOH's guidelines while on the premises.</li> </ul>			
Work Activities		<ul style="list-style-type: none"> <li>• Movement in/out across <b>CMCO areas NOT ALLOWED</b>. Only workers who have valid work passes <b>OR</b> letters of permission from their employers are <b>ALLOWED</b> for the purpose of work and to carry out duties.</li> <li>• Employers should comply with this order and assign workers to work from home <b>EXCEPT</b> workers in the categories which have been set by the Public Service Department Circulars/Instructions for civil servants &amp; Business Continuity Plan (directly involved in the company operations) for private sector staff</li> <li>• Vehicles that bring workers including private vehicles <b>ALLOWED</b> to operate but comply with SOP</li> </ul>			



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ACTIVITIES & PROTOCOLS					
ACTION		Brief Description			
Sports & Recreation Activities		<ul style="list-style-type: none"><li>• Sports &amp; recreation activities which do not involve physical contact (indoor &amp; outdoor) &amp; carried out individually not more than 10 people like walking, jogging, bicycling, self-aerobics, hiking, fishing &amp; others in the CMCO area only are <b>ALLOWED</b> with compliance to SOP of Sports &amp; Recreation Sector</li><li>• Permission for the public to operate &amp; use sports facilities is <b>RESTRICTED</b> for <b>training activities</b> which do not involve physical contact &amp; a maximum of 10 people only. Every sports organiser &amp; operator needs to schedule the implementation of the training if it is found that there are many participants with the total number limited to not more than 10 people at any one time.</li><li>• The centralised training programme presently implemented by the National Sports Council (NSC) &amp; the respective State Sports Councils can continue using the Quarantine Based Approach such as implemented at NSC Complexes in Bukit Jalil &amp; Keramat, Malaysian Badminton Academy, Bukit Kiara, Paralympic Sports Excellence Centre, Kg. Pandan , Sunway Megalanes &amp; Velodrome, Nilai.</li></ul>			





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## ACTIVITIES & PROTOCOLS

ACTION	Brief Description
<b>Economic &amp; Industry Sector Activities</b>	<ul style="list-style-type: none"> <li>• Economic &amp; industrial sector activities in CMCO areas to be carried out according to that set by the Govt. in compliance with the established SOP.</li> <li>• All vehicles related to industries, businesses &amp; manufacturing are <b>ALLOWED</b> to operate including crossing districts &amp; states.</li> </ul>
<b>Fishing, Plantation &amp; Agriculture Activities</b>	<ul style="list-style-type: none"> <li>• Fishing, Plantation &amp; Agriculture, Livestock Sectors &amp; all related to the food chain are <b>ALLOWED</b> to operate.</li> </ul>
<b>Religious Activities</b>	<ul style="list-style-type: none"> <li>• Activities at mosques &amp; suraus are <b>ALLOWED</b> with the limit of attendance set by the State Religious Authority.</li> <li>• Activities at non-Muslim houses of worship are <b>ALLOWED</b> with the limit of attendance set by the National Security Council (MKN)/MOH/State Govts. &amp; Ministry of Federal Territories for houses of worship in the Federal Territories.</li> <li>• Islamic wedding ceremonies are <b>ALLOWED</b> with the maximum limit of attendance of 30 people only based on the area of space &amp; physical distancing at the Religious offices or subject to the total number set by the State Religious Authorities.</li> <li>• Non-Muslim wedding ceremonies are <b>ALLOWED</b> with the maximum limit of attendance of 30 people based on the area of space &amp; physical distancing at the National Registration Department/Houses of Worship/Non-Muslim Religious Associations.</li> </ul>



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ACTION		Brief Description			
Creative Industry		<ul style="list-style-type: none"> <li>• Recording activities for music, concert, filming, talk shows &amp; the like are <b>ALLOWED</b> either internal recording (studio) or off premises <b>RESTRICTED</b> in the CMCO areas only with the minimum number of crew &amp; <b>WITHOUT AUDIENCE</b> as well as compliance with the Creative Industry SOP.</li> <li>• Live event activities are allowed without spectators with the total number of crew &amp; duty staff set by the Ministry of Communications &amp; Multimedia (MCMC).</li> <li>• Busking activities inside closed locations (indoors) are <b>ALLOWED</b> with a limited timeframe of the presentation &amp; total number of spectators set by <b>MCMC</b>.</li> </ul>			
Child Care Centres (Kindergartens/Nurseries)		<ul style="list-style-type: none"> <li>• Child care centres &amp; nurseries are allowed to operate for the care of children of frontliners &amp; working parents/guardians with permission to operate given by the relevant Ministries/Agencies.</li> <li>• Parents/guardians who send the children to child care centres are allowed to use vehicles with the number of child passengers according to the vehicle's capacity.</li> </ul>			
Other Activities That Are Allowed		<ul style="list-style-type: none"> <li>• Other activities that are not included in the List of Activities That Are Not Allowed (Negative List) are <b>ALLOWED</b> based on the present established SOP.</li> </ul>			



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ACTIVITIES & PROTOCOLS

ACTION	Brief Description
List Of Activities that are NOT ALLOWED (Negative List)	
Entertainment Activities	<ul style="list-style-type: none"> <li>Activities at night clubs or pubs, theme parks, indoor playground &amp; cinemas.</li> <li>Concert activities or live events with the audience attendance.</li> </ul>
Seminars/Workshops/Conferences/Exhibitions	<ul style="list-style-type: none"> <li>All Seminars/Workshops/ Courses/Training/Conferences/Talks/Exhibitions &amp; activities related to Meetings, Incentives, Conventions &amp; Exhibitions (MICE).</li> <li><b>EXCEPTION.</b> Ongoing in-service training <b>CAN BE IMPLEMENTED</b> only in the training institution areas.</li> </ul>
Meetings	<ul style="list-style-type: none"> <li>Face-to-face Govt. &amp; private agencies meetings involving the presence of representatives of external agencies &amp; can be implemented by video conferencing.</li> <li><b>EXCEPTIONS</b> <ol style="list-style-type: none"> <li>Face-to-face meetings are <b>ONLY ALLOWED</b> that involve expatriates &amp; C suite (executive level managers) with physical distancing &amp; wearing of face masks.</li> <li>Internal meetings are <b>ALLOWED</b> according to the Public Service Dept’s Circulars/Instructions &amp; MITI’s guidelines</li> </ol> </li> </ul>
Organising Mass Functions	<ul style="list-style-type: none"> <li>Govt. &amp; Private Sector Official &amp; Unofficial Functions, Social Functions such as feasts, wedding &amp; engagement functions, receptions, <i>aqiqah</i> functions, journey mercies, <i>tahlil</i> prayers, anniversary celebrations, birthday celebrations, reunions, retreats &amp; other social functions.</li> <li>Participation of govt. &amp; private sector officers at Official &amp; Unofficial Functions from <b>CMCO</b> &amp; <b>EMCO</b> areas venturing outside their areas..</li> </ul>





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List Of Activities that are NOT ALLOWED (Negative List)					
Education		<ul style="list-style-type: none"><li>Public &amp; Private Institutes of Higher Learning (IHLs), Skills Training Institutes, <i>tahfiz</i> centres &amp; schools are closed during the CMCO period.</li><li>Tuition, music, dance, art, paid recital, paid language &amp; other classes. <b>EXCEPTION IS GIVEN</b> on an individual basis (one to one).</li><li><b>EXCEPTION.</b> Students of schools, Public &amp; Private IHLs who take tests or examinations with foreign institutions are <b>ALLOWED</b> to sit for examinations only &amp; not to attend learning sessions.</li></ul>			
Sports & Recreation Activities		<ul style="list-style-type: none"><li>Picnic activities, swimming pool activities, physical contact activities/combat sports, competitive activities for team sports &amp; organising tournament/competition activities.</li><li>Sports &amp; recreation activities which involve mass participation &amp; difficult to control by physical distancing.</li><li>Sports events &amp; competitions with the attendance of spectators &amp; sports events &amp; competitions which involve participants from foreign countries.</li></ul>			
Tourism Activities		<ul style="list-style-type: none"><li>Tourism activities outside &amp; inside CMCO areas.</li><li>Tourism activities by citizens to foreign countries &amp; domestic tourism activities which involve foreign tourists entering Malaysia except foreign tourists from countries specified by the Minister.</li><li><b>EXCEPTIONS.</b> Tourism activities inside green zones under CMCO &amp; venturing outside to Green Zones under CMCO &amp; RMCO are allowed but must comply with the SOP set by the Ministry of Tourism, Arts &amp; Culture (MOTAC).</li></ul>			
Others That Are Not Allowed		<ul style="list-style-type: none"><li>Any activity that may cause many people to be present at a place that makes it difficult for physical distancing &amp; compliance to the instructions of the Director-General of Health.</li><li>Other matters that are decided by the Govt. From time to time.</li></ul>			